

Rushmoor Youth Swimming



A member of Rushmoor Swimming Association

Newsletter—November 2015 Issue 13



Welcome

We welcome new pupils to our club, we continue normal lessons throughout the school holidays.

Lessons are only for 30 minutes a week, if you can find the time to swim other than on a Thursday evening it is beneficial to you.

New Staff

After last terms appeal we welcome Anja Harwood, Lauren Brown, Jo Travers, Steve Edwards, Steven Allen & Yasmin Wise to our team. We hope they enjoy their volunteering with us.

We had to say goodbye to Liz Islip who supported us for 8 years, she is off to University and Melissa Ford after 5 years support is now working for the Centre.

More help required

We continue to need help on the poolside so if you can help please come forward and speak to Mick or Richard on the poolside or email:

Chairman@rushmooryouthswimming.org.uk

Derek Wood MBE

Unfortunately Derek has had to retired this term due to health problems. He supported us from the start, having a short period away from the club volunteering with other groups, returned as a teacher and welfare officer a few years ago. We thank him for all the work and support he gave to the club since its conception in 1973.

Important dates

Term start dates: -

10th March 2016

7th July 2016

3rd November 2016

Assessment dates: -

Feb. 25th & Mar 3rd 2016

June 16th & 23rd 2016

October 13th & 20th 2016

23rd Feb & 2nd Mar 2017

Distance swim dates: -

Long distance swim, 1000 metres plus—17th December 2015—see over

Distance swim for up to 1500m / 1 mile—30th June 2016

No swimming, pool closed, 24th & 31st December 2015

Last term

Last term we had 130 pupils in the 18 classes averaging just over 7 per class, with our current staffing this is about our maximum. Pupils were assessed as usual over the two weeks set aside for this purpose. 113 pupils were assessed of which 105 reached the require standard to progress, 8 were found not quite ready to proceed to the next step so will remain at the same level next term. Of the rest we have 1 pupil away with medical problems, we wish her well and hope she will be back soon, 17 were absent from the assessments, including the 1 with medical problems and were graded by their teachers 12 of these will progress to the next stage and 5 will stay at the same level.

Web Edition

This is the web edition of our newsletter.

There are two other editions: -

Pupil edition—with individual information of test dated and time plus information on additional clothing if required for the particular course and the lower section is the enrolment form for the new term

Staff edition—information about staff meetings and details of teacher allocation to specific courses.

Pool plan for next term

6:30

Octopus 3 — 10m and treading water practice, Teacher to agree with a main pool teacher as to timing.

Octopus 1

Goldfish 2	F S C
Angelfish 1	
Goldfish 1	

Dive Weeks: - Refer to your pupil registers as for area of pool allocated during dive weeks.

7:00

7:30

Octopus 2	Goldfish 2	Shark 1
	Angelfish 3	Shark 2
	Goldfish 3	Angelfish 2

Octopus 3	Shark 3	Shark 1
	W S Gold	W S Bronze
	W S Silver	Goldfish 3

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Officers of our club

Chairman—Mick Perry
Secretary— Richard Bright
Badge Secretary— Richard Bright
Enrolment Secretary—Jackie Kedge
Assistant Enrolment Secretary—Jo Travers
Poolside Manager—Jo Travers
Treasurer—Richard Bright
Course Administrator— Richard Bright
Welfare Officer— Lauren Browne
Web Master—Chris Gillman
RSA Representative—Richard Bright

Long Distance Swim—17th December

This annual event is in conjunction with Farnborough Swimming Club. It is an opportunity for our pupils to swim up to 5000m and is aimed at pupils with Shark 1 and above. Pupils wishing

to swim 1000m (30 lengths) or more need to be on the poolside by 18:00, none of our pupils can start after 18:30. Reasonable strokes must be swum throughout, when a swimmer stands or stops to hold rope or sides the swim distance ends. A distance badge with certificate is available free and further badges up to distance swum available at £1.50 each.

Information—Parents, if you would like to receive information and reminders by email, i.e. test date and times, unplanned pool closures etc. send an email to me saying “add to mailing list”: -

Richard@rushmooryouthswimming.org.uk

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The Web

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Vacancies

As you can see from the list of officers. Some of our other staff have taken on multiple roles, as well as teaching for the club should a suitable person wish to take on a managerial role then please speak to Richard who can explain the roles in more details. One role we are looking for is an Assistant Welfare Officer to cover Lauren if she is absent.

We are still in need of adult volunteers on the poolside covering tasks, liaising with parents, monitoring poolside safety, keeping poolside clear, assisting with and teaching classes. So if you can help to keep the club running please let us know. A full, enhanced DBS check is required for all our staff over 16.

There is also a vacancy for the post of Treasurer for Rushmoor Swimming Association (RSA). The RSA manages pool time and block books pools at a reduced hire rate, we are members as are Farnborough Swimming Club Rushmoor Royal, Syn-cro, Dolphins and others. If you feel you could cover this home based volunteer roll (normally 2 to 3 hours a month plus short, quarterly evening meetings) Mick, Chris or Richard can give you more details.

Some of our General Rules

- 1 Parents are responsible for safety and welfare of their children prior to and after lessons.
- 2 For emergencies a parent or person with parental consent must be on the poolside during lessons.
- 3 Do not interrupt teachers during lessons.
- 4 Pupils should shower before lessons.
- 5 Overshoes provided by centre should be used on the poolside.
- 6 Do not obstruct the fire exit or exit routes.
- 7 Distance swims—reasonable strokes required above 100 metres.
- 8 Inform Mr Bright of any changes of information given on enrolment form
- 9 Clothes should not be left in changing cubicles during lessons, use lockers
- 10 Parents and spectators are to keep to the seated area on the poolside, **DO NOT** cross the area between pools or enter/leave the poolside from the changing rooms