

Rushmoor Youth Swimming

Name _____

A member of Rushmoor Swimming Association



Newsletter—Issue 22—Web Issue



November 2018

Welcome

This term we welcomed 14 new pupils to our club, a few more than normal. There would have been more but some on the waiting list who were invited and accepted failed to turn up. This is disappointing and not fair to others who are still waiting.

Long Distance Swim

Our annual long distance swim will take place on the 20th December. We share the pool with Farnborough Swimming Club so that pupils can swim continuously for up to 3 hours.

This swim is obviously for our more advanced swimmers, we use two lanes for the duration of the swim. Farnborough Swimming club will occupy the other 4 Lanes so there will be no lessons in the main pool that evening however the Octopus pupils in the teaching pool will have lessons as normal.

For the distance swim reasonable stroke/s must be used throughout the swim.

Important dates

Term start dates: -

14th March 2019

5th July 2019

Assessment dates: -

28th Feb & 7th March 2019

14th & 21st June 2019

Distance swim dates: -

Long distance swim: - 20th December 2018—1500m or more (a 3 hour session)

Distance swims for up to 1 hour (1500m / 1 mile) - 31st October 2018

Newsletter—We publish 3 editions of our newsletter, Web, Staff and Pupil editions at the commencement of each term. We run 3 terms per year and continue through school holidays.

Staffing—We are always on the lookout for new adult volunteers especially those with either a reasonable knowledge of swimming and / or with teaching skills. Although we do not pay or volunteers the reward for seeing our pupils progress and become safe in the water is worth the time spent assisting. If you can help in any way please come along and talk to one of our staff members. Subject to a satisfactory DBS check we will welcome you to our team.

Behaviour Issues

A few pupils are not behaving as well as they should during lessons, this disrupts the lesson and has a detrimental effect on the lesson for all the class and in some cases can cause safety issues. This term we will be clamping down on this pupils may be removed from the lesson. Please discuss this with your child.

Supervision on the Poolside / Changing Rooms—Our staff are responsible for pupils during their swimming lesson, Parents are responsible for their children before and after their lesson, in the changing rooms, shower area and out on the poolside. We have staff monitoring safety on the poolside and the centre supplies lifeguards to monitor the pool. There must be a person with parental responsibilities for all pupils available during lessons and supervising their children whilst they are in the changing room, in the shower area and on the poolside waiting to start lessons or waiting for other siblings to start or complete their lessons.

Term Pool Plan

6:30

FSC and Octopus 2	Goldfish 2 Angelfish 1 Goldfish 1	FSC
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7:00

Octopus 1	Goldfish 2 Shark 2 Goldfish 1	Angelfish 2 Shark 1 Goldfish 3
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7:30

Octopus 3	Angelfish 3 Shark 3 Water Safety Gold	Angelfish 2 Water Safety Bronze Goldfish 3
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Assessment

Assessments can only be taken at the set date and time given on page 1. Pupils should be on poolside in time ready to take the assessment. We have a lot of pupils to assess and limited number of assessors.

There are no re-assessments and pupils who fail to arrive on time will not be assessed.

Assessment dates will only be changed if the pool is closed on assessment night or for more than 2 weeks during the term.

Pupils who miss assessments will be allocated a place on recommendation of their teacher, if this is a higher level than their current course they will be receive their badge and certificate after being assessed at the end of the next course.

Please make a note of your child's assessment date and time—We publish a reminder, with notes on our Facebook page and on our website—details below.

Staffing

Alarnie One of our Level 2 teachers, Alarnie, has left us as regular teacher to attend university. She may be able to attend on an occasional basis during her studies, we wish her well and hope this is only a temporary break in her volunteering with us.

Volunteering—We are always looking for adults to join our team, if you have any basic knowledge of aquatic skills and can help us on a regular basis then talk to Jo or Richard. We need you! Once regular with us and subject to a contract we will offer you the chance to qualify as a swimming teacher. DBS checks required for all volunteers over 16.

Information—GDPR, Data protection. Information given in the enrolment form plus a record of pupils swimming progress in the club is securely stored electronically and is used purely for club use. Access to data is restricted to those who need to know i.e. teachers, course administrator and welfare officers. Current data, i.e. term registers is in paper form for the duration of the term only. Accident and incident forms are kept securely as required by other regulations.

Richard Bright, our course administrator, has taken on the role of Data Protection Officer—

Richard@rushmooryouthswimming.org.uk

The Web

Visit us at: -

Our web site: rushmooryouthswimming.org.uk

Facebook: [rushmooryouth](https://www.facebook.com/rushmooryouth)

Other clubs in Rushmoor: rushmoorswimmingassociation.org.uk

Some of our General Rules

- 1 Parents are responsible for safety and welfare of their children prior to and after lessons.
- 2 For emergencies a parent or person with parental consent must be on the poolside during lessons.
- 3 Do not interrupt teachers during lessons.
- 4 Pupils should shower before lessons.
- 5 Overshoes provided by centre should be used on the poolside.
- 6 Do not obstruct the fire exit or exit routes.
- 7 Distance swims—reasonable strokes required above 100 metres.
- 8 Inform Mr Bright of any changes of information given on enrolment form
- 9 Clothes should not be left in changing cubicles during lessons, use lockers
- 10 Parents and spectators are to keep to the seated area on the poolside, **DO NOT** cross the area between pools or enter/leave the poolside from the changing rooms

Staff

All our staff are unpaid volunteers

Chairman—Mick Perry

Course Administrator—Richard Bright

Enrolment Secretary—Jackie Kedge

Poolside Manager—Jo Travers

Welfare Officer—Lauren Browne

Web Master—Chris Gillman

Qualified Teaching Staff

ASA & STA Level 2 Teachers —Richard Bright, Chris Gillman,

ASA Level 2 Teacher —Alarnie Yeomans, Natalie Davidson, Jade Allen. ASA Teacher —Beryl Yeomans

ASA Level 1 Teachers—Anja Harwood, Elin Harwood

Club Instructors—Mick Perry, Graeme Perry

STA Student Teachers—Chloe Freeman, Yasmin Wise

Aquatics Helpers—Jo Gould, Nina Harwood, Bernard Solomon, Cally Travers