

Rushmoor Youth Swimming

Name _____

A member of Rushmoor Swimming Association



Newsletter—Issue 24—Web edition



July 2019



Welcome

We welcome new pupils to our club. Lessons are only for 30 minutes a week, if you can find the time to go to a swimming pool to play in the water, or swim, other than on a Thursday evening it is beneficial to you.

Assessments

Please make a note of your child assessment date & time, assessments can only be taken on the evenings and at the times allocated for the class. (See "Your Course", right)

Teacher's give an appraisal of each pupil and if a pupil fails to turn up for an assessment we will allocate a place in the appropriate class for the next term. As the pupil was not assessed the badge and certificate will be held back until their next assessment at the end of following term, this is in place for genuine reasons, if a pupil does this too often they will remain at the same level until assessed.

Keep Safe Outdoors Summer is approaching and we get out and about more often. Open water has more hazards than swimming pools and there are rarely lifeguards around. Sudden emersion into cold water can be a killer. A person may be able to swim for long periods and often long distances in a heated pool but sudden emersion by jumping into cold water is risky together with the risk of hypothermia even for only for a short time.

Supervision on the Poolside/Changing Rooms—Our staff are responsible for pupils during their swimming lessons only, Parents are responsible for their children before and after their lesson, in the changing rooms, shower area and out on the poolside. We have staff monitoring safety on the poolside and the centre supplies lifeguards to monitor the pool. There must be a person with parental responsibilities for all pupils available during lessons and supervising their children whilst they are in the changing room, in the shower area and on the poolside waiting to start lessons or waiting for other siblings to start or complete their lessons.

Term Pool Plan

6:30

FSC and Octopus 1	Goldfish 1	FSC
	Angelfish 1	
	Goldfish 2	

7:00

Octopus 2	Goldfish 1	Angelfish 3
	Angelfish 1	Shark 2
	Goldfish 3	Water Safety Bronze

7:30

Octopus	Angelfish 2	Angelfish 3
	Shark 1	Shark 3
	Goldfish 3	Water Safety

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Course Fees

We plan to keep our course fees as low as possible. This is achieved by having a very supportive volunteer team who give up their time for free.

Our last increase in pool fees was in November 2015 since then pool fees have risen from £3615 to £4654 per year.

With other costs increases, badges, insurance etc. it has come to the point where we have to put up course fees.

Over the past couple of years we have been drawing on our reserve fund and are now at a point where these funds are getting low.

From the beginning of the next term in November pool fees, which include badges, certificates and the option of attending distance swims will rise to £28 per term. If you remove cost of badges this equates to less than £2 per lesson .

Information

GDPR, Data protection. Information given in the enrolment form plus a record of pupils swimming progress in the club is securely stored electronically and is used purely for club use. Access to data is restricted to those who need to know i.e. teachers, course administrator and welfare officers. Current data, i.e. term registers is in paper form for the duration of the term only. Accident and incident forms are kept securely as required by other regulations.

Data Protection Officer is Richard Bright, for any queries about our records you can contact him by email at : - Richard@rushmooryouthswimming.org.uk

The Web

Visit us at: -

Our web site: rushmooryouthswimming.org.uk

Facebook: [rushmooryouth](https://www.facebook.com/rushmooryouth)

Follow us

There is the odd occasion when things go wrong at the pool, last term there was an incident that caused the Centre to close the pool for 24 hours, we only had 2 hours notice and that was longer than usual. We don't have time to phone everyone (over 150 calls) so we put it on Facebook and hope people who see it can pass it on. We do not put items on the page just for the point of doing it, our normal posts are reminders of assessment dates, distance swims and other important information.

On our site we have information about the courses, diary dates, pool plans amongst other items. There is a link for our volunteers where there is useful swimming information (volunteers need to speak to Chris for information on how to log in)

Adult Swimming Club Wednesday evenings

Adults can either enrol on a course or just swim in a friendly environment away from children, for more information go to: - <https://www.aldershotadultswimming.org.uk>

Some of our General Club Rules

- 1 Parents are responsible for safety and welfare of their children prior to and after lessons.
- 2 For emergencies a parent or person with parental consent must be on the poolside during lessons.
- 3 Do not interrupt teachers during lessons.
- 4 Pupils should shower before lessons.
- 5 Overshoes provided by centre should be used on the poolside.
- 6 Do not obstruct the fire exit or exit routes.
- 7 Distance swims—reasonable strokes required above 100 metres.
- 8 Inform Mr Bright of any changes of information given on enrolment form
- 9 Clothes should not be left in changing cubicles during lessons, use lockers
- 10 Parents and spectators are to keep to the seated area on the poolside, **DO NOT** cross the area between pools or enter/leave the poolside from the changing rooms

Staff

All our staff are unpaid volunteers

Chairman—Mick Perry

Course Administrator—Richard Bright

Enrolment Secretary—Jackie Kedge

Poolside Manager—Jo Travers

Welfare Officer—Lauren Browne

Web Master—Chris Gillman

Qualified Teaching Staff

Swim England & STA Level 2 Teachers —Richard Bright, Chris Gillman,

Swim England Level 2 Teacher —Natalie Davidson, Jade Allen. Anja Harwood, Elin Harwood, ASA Teacher —Beryl Yeomans

Swim England Level 1 Teachers—Anabelle Davidson, Jo Gould, Abbie Marsh, Millie McGowan, Nina Harwood.

Club Instructors—Mick Perry, Graeme Perry

STA Student Teachers—Libby McCabe, Cally Travers, Yasmin Travers, Daniel Treanor.

Aquatics Helpers—Bernard Solomon,